***\*\*designed for Sierra College’s First Year Experience project, hence the acronym\*\****

Student Name: FYE Learning Portfolio

Some items have set event times and/or due dates. Some items are flexible – you may choose from a wide variety of options to find something that fits your schedule and interests. You will complete 100 points worth of activities!

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Required Type of Activity** | **What to Turn In** | **Date of Event(s)** | **Activity(s)****Or Event(s)** | **Instructor or Leader** |
| 1. **Wolverine Week/Club Rush** (10pts)

Guest speakers, games, prizes, food/drinksFun and informative - helpful resourcesHow to get in clubs, student government | 1 page typed report |  |  |  |
| 1. **Personal/Learning Style** (10pts)

Take at least 2 personal or learning style assessments | printed results1 page typed report  |  |  |  |
| 1. **Student Success workshops** (10pts)

Attend and report on as many as you want, such as: Student Success Workshop, Career Center Workshop, Transfer Center Workshop, Library Workshop, or other with prior approval of instructor | any materials 1 page typed report |  |  |  |
| 1. **University Campus Tour** (30pts)
 | any materials 1 page typed report |  |  |  |
| 1. **Multicultural Events**  (10pts)

Attend and report on as many as you want, such as Sierra Multicultural Calendar Events or others with prior approval of instructor | any materials 1 page typed report |  |  |  |
| 1. **3-hours of Service Learning** (10pts each)

Attend and report on as many as you want, such as Campus Cleanup Day, Student government, Club leadership, or other volunteer service with prior approval | any materials 1 page typed report |  |  |  |
| 1. **Final Reflection**
 | any materials 1 page typed report |  |  | *None - I do this myself* |

Study Guide for FYE Learning Portfolio

**FYE Course Outcome(s) Addressed In This Assignment**

FYE focuses on students making progress in the following areas: intellectual and academic competence, interpersonal relationships, identity development, career exploration, health and wellness, holistic awareness of self, multicultural awareness, and civic responsibility.

**In order to be more successful in college, students will:**

* Expand understanding of their own strengths, goals and values
* Increase engagement in and sense of the value of community
* Develop and employ effective college student behaviors - learning/study skills
* Expand their network of supportive relationships and contacts
* Consider career choices
* Take care of their health - physical, mental and emotional
* Explore spiritual dimensions of life
* Develop multicultural awareness - understanding of other cultures & perspectives
* Before the activity, think of questions or what you might hope to gain participating in the activity. Take notes at the event.
* After, you may be asked to briefly tell the class about your experiences.

**FYE Activity Report:**  Within 1 week of activity, turn in notes/materials along with 1 page typed report, including:

* + **your name in the top right corner, date** and **topic** of session, session **facilitator**/instructor’s name
	+ description of what was done in the session - information provided, what you did and results
	+ answers to the following reflective questions:
		- What did you think was the educational purpose or objective of the event?
		- How did others react to the event? Would you recommend this event to be conducted next year? Why or why not?
		- What was your reaction to the experience? What did you learn from it? Did it have an impact on you in any way?
		- Could you relate this to your learning in the classroom? Did it relate to concepts you are learning in other courses?
		- Did the event help you clarify your major, career, life goal? What have you learned to help you be successful?
		- Did it teach you something yourself and other people? If yes, in what way?
		- Overall, on a scale of 1 to 5 how helpful was the event? What would have made it better?